

For further information please contact:-

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GENERAL INFORMATION LEAFLET

Basic Facts for Leaders

Attention Deficit Hyperactivity Disorder

A D H D



GENERAL FEATURES

Children and young people with ADHD generally display the following:-

- Difficulty in following instructions
- Difficulty in completing tasks
- Difficulty "sticking to" a task
- Very distractible and forgetful
- Poor attention
- Restless
- Very talkative and chatty
- Interrupts other children
- Runs around inappropriately
- Shouts out
- Extremely impulsive
- Doesn't consider consequences of actions
- Problem with turn taking

Areas of the BB programme which would present difficulty for the child or young person

ANCHORS

- Crafts – following instructions and staying on task
- Games – following instructions/turn-taking
- Story – sitting quietly, sitting still

JUNIOR SECTION

- PT/Games (following instructions)
- Badge work (staying on task)
- Figure marching (following instructions)
- Group Work (sitting still, turn taking)

COMPANY SECTION

- PT (following instructions)
- Drill (following instructions, restlessness)
- Badge Work (staying on task)

- Camping/Expedition (following instructions, recognizing consequences)

USEFUL STRATEGIES

- When giving instructions make eye contact with the child or young person
- Keep instructions short and simple
- Provide the child or young person with two choices avoid allowing the child or young person to say NO!
- Use checklists to help in completing a task
- Present text in large print, well spaced out and not cluttered
- Set short, achievable targets
- Give immediate praise and rewards on completion of tasks
- Provide a "time-out" calming down area to deal with temper tantrums
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Please note these are general strategies. Each child or young person is unique. It is therefore important to speak to their parent(s) to gain individual relevant information

ADHD – THE FACTS

- ADHD is a term used to describe children who display over active behaviour and impulsiveness
- It is far more common in boys
- It affects up to 5% of the school-going population
- The severe form is marked by chronic behaviours with onset in the pre-school years. Milder forms first manifest themselves about the age of 7 years

USEFUL WEBSITES

The Irish National Council of AD/HD Support Groups

www.incadds.ie

Disability Advice Network www.boysbrigade.ie/dan